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BITCHES BE CRAY (AND THAT'S OKAY)

Believe it or not, we're already in October. Remember a month ago when everyone was buying school supplies and convincing themselves that they were going to get ahead in the course readings? "This is the semester that I start being organized. No more being *that* student." Well, I think we're also far enough into the semester for you to realize that your post-secondary pipe dreams of academic preparedness lacked necessary realism. I'm the first one to admit that my full-time studies are the last thing on my mind, as commitments like this here paper act as time-sponges, soaking up my spare minutes and leaving my course work with a bad case of cotton mouth.

I'm still trying to get a hang of this weekly Lettitor business, juggling my personal interests with that of the readers. I'm only on number four, but I can tell you with confidence that this one has been the hardest for me to write. My past Lettitors haven't necessarily been laugh factories, but I'd like to get serious and talk about something personal to me: mental illness.

I used to be painfully ignorant of mental illnesses in general and regrettably unsympathetic. I remember back in high school when one of my classmates had a mental breakdown and it was more a point of gossip than anything else. At parties people would say, "Sorry so-and-so can't be here. He's a little *tied up* at the moment." It guts me, looking back at how we treated the situation behind said individual's back. I could say something like "Kids will be kids," but it's no excuse.

So what caused my mindset to shift? Unfortunately, the same thing that usually has to happen for people to become more understanding: it happened to someone close to me.

For the past few years, a member of my family has been dealing with a mental psychosis. I can't remember exactly how many times he's been in and out of the psych ward, but it's enough that I can't give a definite answer. It's devastating to witness someone you've known your whole life be committed be forced to undergo treatment that they don't even think they need. This isn't something you grow up expecting to face in your young adulthood, but sometimes that pitcher called life likes to throw you a curveball.

Oddly enough, one of the most challenging things for me hasn't been coping with the situation, but rather the opposite. The rest of my family has remained adamant that no one speak about the individual in question to anyone outside of us. It's not like I'm new to the concept of a secret—and I thought I'd be okay with keeping the news to myself—but the more time went on, the more I realized that I needed someone to talk to about it, and the more I felt isolated because I wasn't supposed to discuss it with anyone. Even years later, certain members of my family don't like to even mention the elephant in the room—or rather, the case of mental illness in the family. It's frustrating, to say the least.

There isn't much that we can do about mental illnesses; what we *can* do is open the topic up to discussion and help to remove the stigma surrounding it. Third-party denial can be as damaging to the individual as the illness itself, and the sooner we accept it for what it is, the sooner we can help them.

So it goes,
Jacey Gibb
Editor-in-chief



The Other Press has been Douglas College's student newspaper since 1976. Since 1978 we have been an autonomous publication, independent of the student union. We are a registered society under the Society Act of British Columbia, governed by an eight-person board of directors appointed by Wand from our staff. Our head office is located in the New Westminster campus.

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that includes papers from all across Canada.

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Our collective meets every Monday @ 6:00 p.m. Anyone can join!

Connect with us online!



Community engagement vital to Lower Mainland economy

Douglas College looks for community partnerships to benefit students



Patrick Vailancourt
News Editor
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Residents, community leaders, and business owners from New Westminster and Coquitlam gathered at community engagement forums hosted at Douglas College's two campuses.

The goal was to brainstorm ideas on how Douglas College can partner with community groups to provide students with both an enhanced and hands-on learning experience, and to better the local economy in smaller communities surrounding Vancouver.

The forum included presentations from program coordinators and college faculty as well as a keynote address from Douglas College President Scott McAlpine.

McAlpine emphasized the need for Douglas College students to create connections and strategic partnerships in the community, particularly as demographic and labour market trends begin to shift.

"The reality is that by 2017 we will see an economy in the Lower Mainland that can be summarized simply as 'Jobs without people; people without

jobs,'" said McAlpine. "The next [Douglas College] strategic plan needs to include an emphasis on community partnerships."

This is the first time Douglas College has hosted a forum with community participants, and comes on the heels of a forum held last year where Douglas College faculty and staff discussed ideas on how to better connect with the community.

Hazel Postma, Douglas College's associate vice president of external relations, said that the forums were important in building community connections and providing students with more employment opportunities.

"Students will benefit by the increasing number of opportunities available to them for the applied portions of their programs," said Postma. "As well, they benefit by having more community leaders aware of the depth and breadth of learning that takes place at Douglas—as employers hear about our connections and partnerships, they will be more inclined to hire Douglas graduates."

The forums asked attendees about their idea of what community connections should be and how Douglas College can assist in supporting the community—be it in commerce, government, or social programs.

Postma said that, while there were apparent themes emerging from each forum, the needs of each community were

unique and made apparent by the differing discussions between forum participants in New Westminster and Coquitlam.

"It was intriguing to see the differences in the feedback we received from the two forums—perhaps it reflects the urban nature in New West and the more suburban nature of the Tri-Cities," said Postma. "We were pleased with the turnout and the wide representation from the community."

Both forums were well-attended, and included members of the business community, heads of Chambers of Commerce, members of the Legislative Assembly, non-profit groups, school districts, and the RCMP.

Postma underscored that the business community seems to be keen to explore new connections with Douglas College based on how heavily they were represented in the forums.

"We would measure success by the number of new connections generated, new partnerships formed. And success is also in confirming that we are on the right track, that our existing partnerships and connections make sense," said Postma.

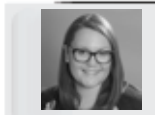
A report on the community engagement forums is expected by the end of October, which will summarize the feedback from both forums and outline some next steps in establishing new connections.



Photo courtesy of Vancouver Sun

Sensible BC referendum campaign

Group seeks to decriminalize marijuana



Sophie Isbister
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A BC-based group called Sensible BC is looking to collect enough signatures across British Columbia on a petition to include a referendum question in the September 2014 provincial election ballot. This referendum would amend the BC Police Act, which governs police conduct and includes provisions that oversee the enforcement of federal drug laws. The amendment, titled the sensible

policing act, would essentially decriminalize the possession and use of cannabis.

According to the summary the legislative proposal posted on Elections BC's website, the sensible policing act "would prohibit the use of provincial police resources for this purpose, would require police to report in detail to the Minister of Justice any actual use of resources for this purpose and why it was necessary, and require the Minister to publish that report."

The act will also look toward repealing cannabis prohibition at a federal level, and includes a mandate that the province hold a public commission. The commission will, according to Elections

BC, "study the means and requirements necessary for the province to establish a legal and regulated model for the production and use of cannabis by adults."

The act will include federal exemptions for BC's new cannabis laws until cannabis is removed as a scheduled substance, and will also require an amendment to the BC Liquor Control Act, which would make possession of cannabis by a minor illegal much in the same way alcohol and tobacco are controlled.

Sensible BC requires 10 per cent of registered voters across all of BC's 85 provincial ridings to sign the petition. That amounts to over 400,000 signatures. In order

to successfully campaign for a referendum, all of those signatures must be collected in a 90-day period. In the past, the only group that has successfully gathered enough signatures to place a referendum question on the ballot has been the campaign to repeal the Harmonized Sales Tax (HST).

The campaign began on September 9, 2013, and will run for three months. Campaign lead spokesperson and cannabis activist, Dana Larsen, told the *Georgia Straight* that at the start of the campaign Sensible BC had already secured over 1,700 volunteers to canvass for signatures. Larsen added, "I'm very confident that if we can get the signatures, we will win the referendum."

According to Sensible BC's website, "Over 3,580 British Columbians were charged with simple possession of marijuana last year. This is close to double the rate of charges of any other province."

They seek marijuana law reform because, according to their website, "Decriminalizing the simple possession of cannabis in this manner will save taxpayers money, help unclog our justice system and stop young people from having their lives ruined over a joint. This is the first step towards a more sensible cannabis policy."

Discover the Royal City's hidden gems

Douglas College hosts sneak peek of New Westminster Cultural Mapping Project



Did you know that New Westminster was once the capital city of British Columbia? Were you aware that the Royal City's downtown was completely destroyed in what has been known as the Great Fire of 1898?

The truth is that when people think about arts, culture, and history, New Westminster tends to get overlooked as people are attracted to the sights, sounds, and smells of British Columbia's Olympic cities.

New Westminster's cultural, literary, and visual arts communities are now coming up with a unique approach to make people aware of the city's cultural gems, demonstrating that while Vancouver may be the Lower Mainland's economic hub, New Westminster is a major player in terms of arts and culture.

The New Westminster Cultural Mapping Project, which held a sneak peek event at Douglas College on September 26, is an initiative taken on by the City of New Westminster, the Arts Council of New Westminster, and Douglas College. It seeks to provide Internet-users with an interactive map of the Royal City's cultural, artistic, and historical assets. The cultural map is all-encompassing, drawing on venues and artists with well-established web presence as well as items fed from social media websites. The map will also include creative professionals in fields such as architecture, graphic design, and furniture makers, as well as performing artists, among others.

Glenn Gordon, the project's coordinator, said that the New Westminster cultural map will be a first in British Columbia and one of only a handful in Canada. Gordon produced a similar map for the City of Regina.

Gordon added that the goal is to capture "all the creative resources and cultural assets in the Royal City."

The project, largely funded by the provincial government through a BC Creative Communities Grant, is a great example of an initiative which brings together a community

agency and the municipality, as well as Douglas College.

The City of New Westminster has provided technical expertise to the project and will host the map on its web server, while students at Douglas College will provide much of the marketing and data entry necessary to keep the map updated.

Rick Carswell, the New Westminster Arts Council president, said that the project was not as simple as partners and funding sources initially thought it would be.

"New Westminster is full of artists, performers, authors, artisans, painters, dancers—you name it," said Carswell.

Carswell also remarked that the cultural diversity of the city's population adds to the city's vibrancy. New Westminster is home to a number of Chinese, Filipino, Korean, and other South Asian creative minds.

New Westminster counts amongst its residents a Stanley Cup-winning goaltender, an Olympic medallist, several musicians, writers, actors, magicians, and even an astronaut. The cultural map will bring to light those whose creativity has yet to be discovered.

The official opening of the cultural map is scheduled for April 2014.



New Westminster's famous world's largest Tin Soldier
Photo courtesy of Beth Coughler Blom

Study projects tuition to increase faster than inflation over next four years



OTTAWA (CUP) — A new study by the Canadian Centre for Policy Alternatives (CCPA) projects a 13 per cent increase in tuition over the next four years. Coming on the heels of Statistics Canada releasing the 2013-14 tuition prices, the report shows tuition fees across the country rising faster than the rate of inflation.

"Canadian full-time students in undergraduate programs paid 3.3 per cent more on average in tuition fees for the 2013/2014 academic year this fall than they did a year earlier," reads the StatsCan report. "This follows a 4.2 per

cent increase in 2012/2013."

Nigel Wordich, a university ident and contributor to the CCPA report, said the provinces are investing less into post-secondary education, passing the cost onto students. According to Wordich, the fiscal strain of recent years is one of the reasons for decreased funding.

The CCPA says most relief for university costs come in form of grants and rebates rather than direct funding—something Wordich says is problematic. This form of aid doesn't support all students and bars those coming from low-income backgrounds from entering college or university.

Dan Harris, the NDP post-secondary education critic, says this increase is a continuation

of a long-term, 20-year trend. Harris says the steady hike in costs puts the "affordability of education out of reach."

"Direct funding to education has a multiplying effect," he added. "It's going to lead to greater economic success and better revenues for the government. The money is going to come back."

Direct funding is one of the primary recommendations of the CCPA report. They cite the example of Germany, where participation and student retention are high as a result of publicly funded education. Wordich said while Canadian tuition rates are lower than in the United States, we need to look elsewhere for post-secondary education models.

"Oftentimes we compare

Canada to the US, but if we look at European, North American, and Asian countries in general, Canadian provinces have some of the highest tuition rates," he said. "Public education and tertiary education has a collective benefit for all of society and for that reason it should be collectively funded."

Harris said with the current average \$20,000 debt upon graduation and youth at double the unemployment rate of the rest of the country, students who finish school can't get on with their life and contribute to the economy. With the \$15-billion borrowing ceiling removed by the Conservative government, the graduation debt is only increasing.

"It's a really frightening prospect for young people

today," said Harris. "When we're told time and time again that this is the first generation that's going to get less than what their parents had, that's when we have to strive to do more and be better, we have to demand more."

Wordich, who is a third-year student at the University of Ottawa, said "the discussion on tuition rates is hitting critical masses." He points to Quebec, where the student protests last spring made national news in demanding lower tuition fees.

Harris said students need to get active and engaged, adding they should make their voices heard in the 2015 election.

"We need to make sure students that come from all backgrounds have an equal opportunity," added Wordich.

New Westminster Shoreline Cleanup a success despite cold, wet weather



Photo courtesy of Karla Olson

Douglas College volunteers part of record turnout at the Fraser River



Patrick Vailancourt
News Editor
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Despite falling temperatures and rain that is typical of the first full day of autumn, a record 80 people braved the elements for a lofty environmental purpose.

The New Westminster Shoreline Cleanup, which took place on September 22, removed all kinds of waste from the South Dyke Road Riverfront, including large blocks of Styrofoam, plastic buckets, a tire, an oil drum, and

even two television sets. The cleanup marks the beginning of RiverFest, an environmentally themed art festival inspired by the Fraser River.

Karla Olson, the coordinator of this year's cleanup, said that she was thrilled with the turnout despite the rotten weather.

Mainland and included New Westminster councillor Jonathan Cote, as well as a contingent from RBC Dominion Securities and Douglas College.

"Taking care of our environment and [its] natural habitats really is a regional effort that goes beyond our local

plants and picking up garbage along the banks of the Fraser River."

Henderson, in an email to the *Other Press*, said that the terrible weather was unable to dampen the spirits of the crew from Douglas College.

"Despite the rain that

with Douglas College UNIBUG project, a research initiative looking into natural alternatives to chemical pesticides in urban gardens.

The cleanup at South Dyke Road Riverfront is just one of the many events taking place as part of the Great Canadian Shoreline Cleanup. Now in its 20th year, the Great Canadian Shoreline Cleanup originated in British Columbia and has grown to become "one of the largest direct action conservation programs." Last year, over 57,000 volunteers participated in 1,815 registered cleanup sites from coast to coast, picking up over 130,000-kg of waste.

The initiative is particularly important in British Columbia as debris from the 2011 Japan tsunami begins to wash up on the western shores of North America.

Despite the rain that blew sideways at times, our volunteers enjoyed the camaraderie and found it very rewarding to be able to pitch in for such a great cause.

"When I saw the rain in the morning, my heart sank," said Olson. "But you didn't see that disappointment on the faces of the 80 volunteers who showed up with rain gear and gloves ready to work."

Olson noted that volunteers came from all across the Lower

shoreline," said Olson.

Jennifer Henderson, Douglas College's community connections assistant, confirmed that "over a dozen Douglas College students, employees, and their spouses and friends" participated in the Shoreline Cleanup, "pulling invasive

blew sideways at times, our volunteers enjoyed the camaraderie and found it very rewarding to be able to pitch in for such a great cause," said Henderson.

The team from Douglas College was led by Jaycee Clarkson, a student affiliated

Four men in a swimming pool

A new take on a Greek classic



Julia Siedlanowska
Staff Writer

More fire, more music, and more fear is what I wanted from director Stephen Drover's *Penelope*. What I've come to expect is a kind of sexiness in his productions ever since I saw his production of *Denmark*, an adaptation of Shakespeare's *Hamlet*, for Douglas College in 2010. I had expectations for *Penelope* that were not exceeded.

A comedic, modern adaptation of Homer's *Odyssey* by Irish playwright Enda Walsh, *Penelope* stars four men, all vying for the hand of one woman, who are stuck in the bottom of an empty swimming pool. These men are the only survivors of 100 who fought for the love of Odysseus's wife before Odysseus returned after 20-years and killed them.

Upon entering the theatre, I was faced with the most memorable and outstanding part of Rumble Theatre's latest production: the set. Designed by Drew Facey, the set offers multiple layers of discovery. We are at first distracted by a

cluttered landscape of beer cans and liquor bottles in what looks to be the remnants of a party. Soon the lights behind thick walls of glass reveal that we are at the bottom of an emptied swimming pool.

The set contains exactly the same bachelor pad hints as the dialogue did. We discover the homemade bathroom walls made of cardboard, and the table made out of a door. The environment's hidden gems are slowly revealed and defined throughout the show by our discoveries and the story's development.

The comedy is certainly spot on, though the element of fear is missing. In the moments where comedy turns black, when these men are fighting for love and for their lives, we are never truly afraid for them.

The monologues are tight and well-navigated and the moments of comedy—especially in bits of action—are brilliantly crafted, though the experience remains largely intellectual. We are never truly in pain for these characters. In the pinnacle moment when the alpha male is betrayed and killed by his companions, we are unable to actually feel for him.

The only true moment of whole-bodied pleasure is the very last. We are told of a dream

that the men shared the night before about the combustion of their barbecue predicting their death at Odysseus's return. The end is a spotlight on the face of Penelope, played by Lindsay Winch, as her husband returns and a prophecy is fulfilled with pyrotechnics. The combination creates goose bumps.

Rumble Theatre is offering free childcare for the October 6 matinee show at 2 p.m. They are also offering free talkbacks with guest speakers on themes in the play on October 1, 6, and 8. Just bring your ticket stub from any of the shows. More info at rumble.org.

Who: Rumble Theatre
What: *Penelope* by Enda Walsh
When: September 25 - October 13, 2 p.m. / 8 p.m.
Where: The Cultch Historic Theatre, 1895 Venables St. Van
Why: Because theatre is great!



Rumble Theatre's production of *Penelope* | Photo courtesy of Tim Matheson

A Marvel movie for the small screen

TV spin-off has potential to be super

Idrian Burgos, Contributor

You can't judge a TV series by its pilot episode, but you can see how a show may develop in future seasons—or whether it will even have another season. Marvel's *Agents of S.H.I.E.L.D.* holds the potential to become a good show. With connections to the Marvel movie universe, an able cast and crew, and good aspects and the capacity to improve them, this series will develop into something extraordinary.

If your idea of good characterization involves stock characters who only represent qualities and roles instead of complex human personalities, then this show succeeds on that part. The characters are mostly

clichéd and one-sided. There are the quiet agents with tortured pasts, the self-confident and brash hacker who provides the one-liners, and the geeky technicians.

The lone standout character is Agent Coulson, a character from the Marvel movies. Compared to the other characters, he is more rounded

his misguided plan. He also displays a sense of humour, which is surprising and strange because it differs from his character in the Marvel movies, who was the typical serious agent.

Agents of S.H.I.E.L.D. has a mixed record when it comes to its design, visual, and special effects. Some of the effects in

final scene with Coulson's flying car are too animated to look credible.

The series largely succeeds in creating an appearance that's both comic book-inspired and similar to other television shows, doing so within a limited TV budget.

Any hope for the show's success lies in its story. While

the necessity of an organization like S.H.I.E.L.D.

There are references to the Marvel movie universe and superhero lore that will excite fans. Marvel Studios' inability to reacquire the rights to Spider-Man is even referenced in perhaps the funniest part of the episode: "With great power comes... a ton of weird crap that you are not prepared to deal with."

Also, there are mysteries that could keep the audience watching. The histories of the main characters and the identities of those behind the Centipede program are shadowy, and there seems to be uncertainty about Coulson's stay in Tahiti—in particular that "it's a magical place." *Agents of S.H.I.E.L.D.* brings the Marvel movie universe to the small screen where fans and new viewers can watch it every week instead of waiting for the next movie.

The series largely succeeds in creating an appearance that's both comic book-inspired and similar to other television shows, doing so within a limited TV budget.

and developed, and totally committed to achieving the tasks assigned to him and the organization's aims.

He displays a more human side, preferring non-lethal methods to attain goals, like when forcing characters to work together or convincing a super-individual to give up

the show look real and blend well with the background. This is seen in the opening scenes of the super-individual's rescue attempt and Agent Ward's Paris mission, as well as in scenes that involve computers.

But other effects look clumsy and out of place. The forensic drones scene and the

the pilot's storyline is pretty basic and common—stopping a catastrophe from happening—it also has features that can attract the audience to further episodes. Deeper themes like the meaning of being a superhero and doing good are discussed, especially with the super-individual's attempts to become a hero and



Still of James Buckley, Blake Harrison, Simon Bird and Joe Thomas in *The Inbetweeners*

Netflix pix: The Inbetweeners

A hidden gem you might have missed



Aidan Mouellic
Staff Writer



This hilarious British sitcom follows the exploits of a group of strapping young lads they go from being awkward enagers to even more awkward teenagers. The series revolves around Will McKenzie (Simon Bird), who is transferred to a new school where he meets his new

mates: Simon, the neurotic (Joe Thomas), Neil, the village idiot (Blake Harrison), and Jay, the over-exaggerating sex addict (James Buckley). Will, the ever-present keener nerd, has to navigate his way around the new school while trying to bond with his new buds. Of course things tend to go wrong for the group, but the


fun is always had when things go wrong: like when you find yourself naked in a small boat with your mates, and your crush is on the shore watching. For Will and his gang, their worst fears are often reality. The series is addictive and highly amusing, perhaps because it's so relatable, but also because the crude British

humour is much saltier than what we typically find on North American airwaves. Your mildly distant memories of awkward adolescence might flood back while watching *The Inbetweeners*, but no other show can make failed sexual exploits, divorce, bullying, and general failure more entertaining.

A high-speed rivalry for the ages

'Rush' review

Steve Cayer, Senior Columnist



Ron Howard's *Rush* follows the true story of an iconic rivalry formed in 1970 between two Formula One drivers: a suave English playboy named James Hunt (Chris Hemsworth) and an Austrian expert of mechanical engineering named Niki Lauda (Daniel Brühl). To add a dash of reality, actual footage of the real events is sprinkled throughout the movie. Their rivalry comes to a head in 1976, starting at the Spanish Grand Prix and ending at the last race in the Japanese Grand Prix. I'm not going to go into detail about the story

because you can probably figure it out from the Internet, but I recommend seeing the movie before you do. The highlight of this movie comes from the work of cinematographer Anthony Dod Mantle, who pulls off camera angles that are nothing short of breathtaking. They make you feel like you are actually driving in F1. Either you're on the edge of your seat trying not to crash, or you're at the back of your seat trying to recover from a crash. It's also interesting how Howard explores the contrast between a risk-taker and a methodical thinker in these characters. Whether you know absolutely nothing about car racing like me, or you know everything about the rivalry from the '70s, you are in for an extremely fast and exciting ride with this movie.



Still of Chris Hemsworth | Photo courtesy of Jaap Buitendijk/Universal Pictures

Love in the time of porn

'Don Jon' delivers more than just laughs



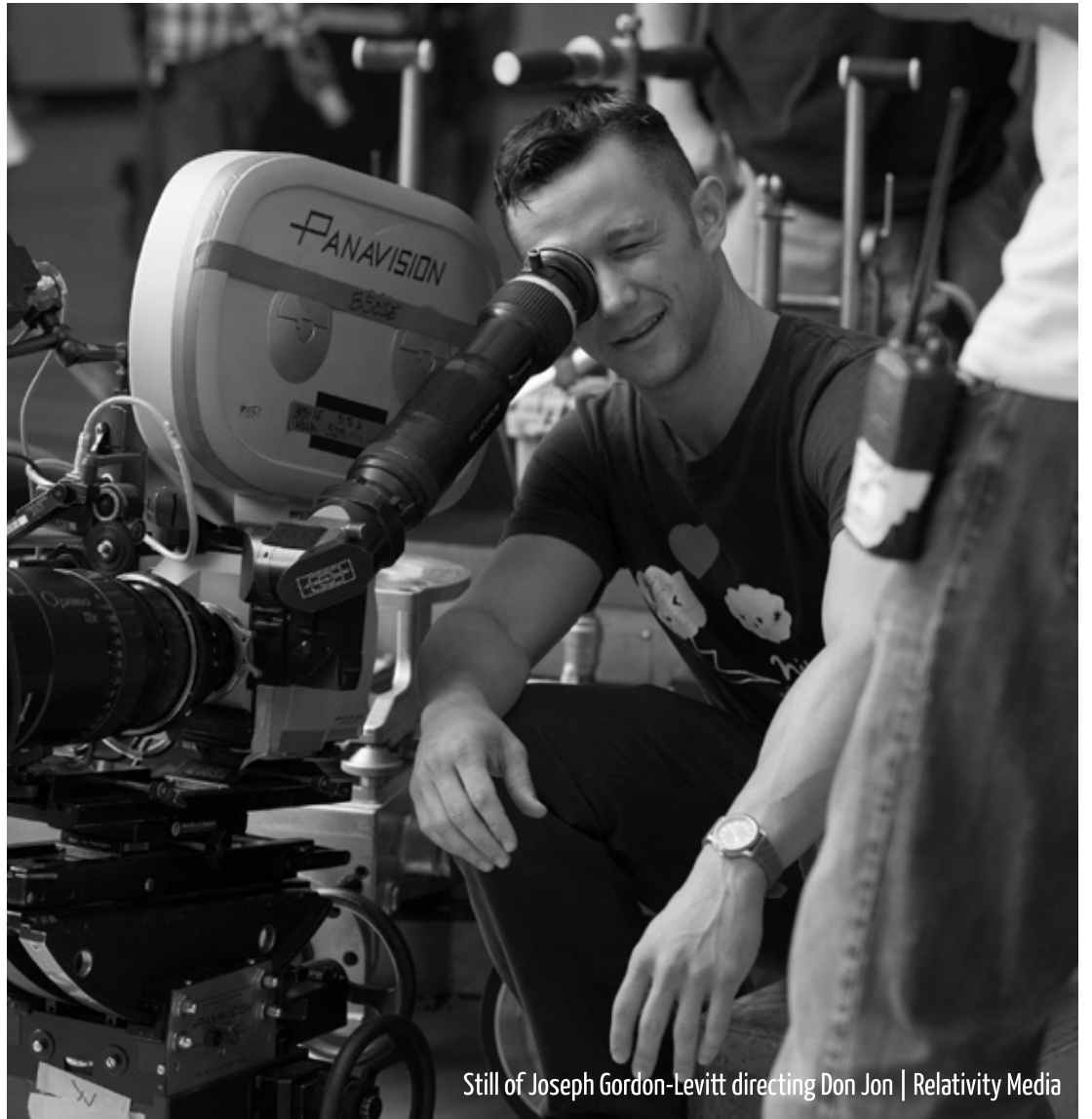
In Joseph Gordon-Levitt's directorial debut, *Don Jon*, viewers are presented with a slice of modern day love.

The film follows Jon (played by Joseph Gordon-Levitt), who is a typical New Jersey guido except for his addiction to Internet pornography. He loves his porn, but he then meets the woman of his dreams who is not a porn fan. Barbara (played by Scarlett Johansson) thinks that porn is disgusting and lets Jon know this. Hilarity ensues in the porn storm, but Jon learns some important lessons when he meets a cougar named Esther (played by the timeless Julianne Moore) in his weekly night class.

Don Jon is an exceptional comedy that manages to mix important sociological topics within the framework of an entertaining story. Somehow the deep and dark topics that are explored in the film do not leave viewers feeling low, but instead uplifted and motivated—especially for people who watch a lot of porn.

While exiting the theatre, I spoke with a young man who said he saw the film because he heard it was about a porn addict and that the film has motivated him to try to change his porn habits.

For a film to make people want to change their lives, that says a lot. *Don Jon* is a winner that combines top humour with a great message and achieves excellent results along the way.



Still of Joseph Gordon-Levitt directing *Don Jon* | Relativity Media

Word Vancouver proves rainy days and books go together

Literary festival attracts crowds despite weather



Word Vancouver, formerly Word on the Street, returned to the Vancouver Public Library's central branch on September 29 for its 19th year of celebrating all things literary.

Even with the rain, book lovers across the Lower Mainland came to see the displays, book sales, presentations, and more.

Writer Anne Fleming welcomed the wet weather because to her, "rainy days and books go together."

Poet Billeh Nickerson said the rain wouldn't be an issue because "we're from Vancouver, we know what it's like." He added, "We're not going to melt or rust or anything."

But that didn't stop event supervisors from moving almost the entire festival inside the library, only leaving a few tents and the Poetry in Motion transit

bus outdoors, in hopes to avoid any weather-related issues.

"One year the poetry tent blew down," Nickerson recalled. "I still feel sorry for all those poets because, of all the people, poets didn't deal with it very well. Because they were like, 'Where's my poetry venue?' And then having to explain to them that it blew away."

Now that the festival is Word Vancouver and not Word on the Street, it may no longer

consume, the more aware of the mechanical aspect of plot and character development they become.

"As a kid, I didn't have that same kind of critical eye," she explained. "Or if I saw the puppet strings, I didn't care. I just kept wanting to read."

She read her essay with a variety of random, interjected comments throughout, including a tidbit about a pet snail she had as a child.

Nickerson previously worked with *Event* as an editor, and most recently wrote an essay of anecdotal stories about his adventures in the writing world, titled "Shelagh Rogers Called Me a Slut and Other True Stories."

He read several of the stories, including one about a past experience he had at Word on the Street during his performance in Poetry in Transit, where poets read their

pretty much every city in the country."

His next event will be a book launch for *Festival Man* at Pulpfiction Books in Vancouver on October 12.

Word Vancouver is a great way for writers to come together and connect in a casual environment. Fleming and Nickerson have presented together before and promise not to be boring, especially when they joke about promised food in their interviews.

"I owe Billeh a cheese plate," Fleming said. "This one time we were in a line-up for a movie at the film fest, but then we couldn't get in so we went and we had a cheese plate and I had no money and Billeh paid and I haven't paid him back yet."

Nickerson added, "She has owed me a cheese plate for so long—oh my God. It feels like probably a good seven years. It's epic. She's going to have to give me aged cheese, that's how old it's been."

Word Vancouver will return next fall to celebrate its 20th anniversary.

Word Vancouver is a great way for writers to come together and connect in a casual environment.

need to be outdoors on the street.

Fleming and Nickerson read their recent essays from the latest issue of *Event* magazine, the literary magazine of Douglas College, at a talk called A Non-Fiction Edition, presented by *Event*. The talk took place in a library meeting room with dozens of attendees.

Fleming's essay, "Novels Are for Children," examined how the more books a reader

Fleming has a special place in her heart for *Event* because the magazine published one of her first stories.

"I can't overstate how great literary magazines like *Event* are for providing that publishing venue for beginning writers," she said in an interview with the *Other Press*. "It's such a fantastic affirmation of your work when someone takes your stories and then you have this ongoing relationship with the magazine."

work to an audience on a parked city bus.

The festival is also a venue for new writers to get their start, such as musician-turned-author Geoff Berner, who read from his upcoming book *Festival Man* at the CUPE tent, one of the few tents that stayed outdoors for the day.

"It's my first writer's festival," he said. "The first event of a big Canadian tour where I'm going to be hitting

Swap it out!

Give those tattered togs a new lease on life



Sophie Isbister
Life & Style
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The first one I was invited to was called a Naked Lady Party. The Facebook invitation was tantalizing: my friends, some wine, and piles of clothes to search through and claim for my own? Yes please, sign me up!

Also known as a Bitch-N-Switch, a clothing swap is a great way to refresh your wardrobe at a very minimal cost. All it requires is a venue, a bag of old clothes, and a sizeable group of friends who also have bags of old clothes.

Clothing swaps have been ramping up in popularity since the early '80s. They are a fun, social way to clear some room in your closet (and then promptly fill it up again)—and since you're meeting with like-minded people to swap hand-me-downs, the likelihood that you'll walk away with great items is much higher than if you walked into a Value Village.

There are a couple different types of clothing swaps, and they have their pros and cons. While swaps began at a grassroots, do-it-

yourself level, the appeal of the events have pushed them into the mainstream. You can now find public swaps that take place at community centres and libraries. Imagine table after table, organized by type of clothing, and piled high with fabrics of different sizes, colours, and textures.

These larger swaps are great for a lot of reasons. Because they're so huge, there is more to pick from. They usually operate on the honour system: you bring a bag of clean clothing that you don't want anymore, a team of volunteers sorts it onto the appropriate table (and if you're a volunteer, you get first dibs), and you take as much as you want home with you. Because these events are large and organized, they will often have a DJ or live band, and stations with brief workshops on upcycling (a fancy word for modifying clothes to give them an updated look). These events usually charge a small cover fee (think \$2) to offset the cost of the venue and volunteer appreciation. After the event, the leftover clothes are taken to a charity.

The main downside to a giant swap meet is its sheer size. While it is good to have a lot of stuff to choose from, much of it will be useless to you, and there is a fair amount of digging

around involved before you find a real treasure. The free-for-all aspect of the event can make a giant swap feel like some kind of low-rent sample sale, with women and men darting around in a chaotic frenzy to get that one grey scarf before anyone else does. Also, they don't often provide a good place to try the clothes on, and it's hard to walk around carrying a giant glass of wine (read: illegal). That's why I personally prefer a smaller, more intimate swap.

Friend-based swaps work best when you get enough people on board, and they work even better when you have a variety of clothing sizes, so there's something for everyone. Usually the person who hosts the swap provides some refreshments, but you can also do it potluck style if you want to get seriously granola about it. The main drawback to keeping it in the inner circle is that someone with a vehicle has to take the leftover clothes (and there will be leftover clothes) to the charity of your choosing.

As the season starts to change and you realize you're bored to death of your current look, try a clothing swap! They're easy to organize, fun to attend, and like most good ideas, they benefit both your pocketbook and the environment.



Photo illustration by Joel McCarthy

Drink your dinner

Upstart wants you to say goodbye to chewing



Aidan Mouellic
Staff Writer

We're all so busy—or at least, that's what everyone likes to tell each other. Some of us are so busy (or lazy) that we can't even find the time to cook ourselves a proper meal.

A new company thinks it has the solution to this dilemma. American entrepreneur Rob Rhinehart and his crew of food nerds have developed Soylent, a liquid food that is meant to replace all your meals. The basis of Soylent is a powdered concoction of protein, fibre, vitamins, carbohydrates, and essential lipids. Everything your body needs is available within the Soylent mixture, which sets it apart from traditional meal-

replacement beverages that you would typically only use to replace one of your daily meals. All the user needs to do is mix Soylent with water and then consume it.

While the appeal of drinking every meal is lost on some, many are up for it. A recent crowd-funding initiative launched by the Soylent team gathered over

food. We get these nutrients by breaking food down to a paste, allowing these miniature pieces of fuel to be used by our bodies. Soylent just skips the chewing and breakdown phase and goes straight to the miniature-fuel-absorbing stage; a liquid-only diet is actually rather logical.

When you walk into any convenience store, it's hard

eat—with Soylent, you can text while you sip your meal.

For many though, sipping is not satisfying. Looking down into a cup of Soylent isn't exactly appetizing—if a sizzling steak has sex appeal, Soylent looks more like the remnants of sex. The liquid meal is clumpy and yellowish, but at least it tastes and smells like vanilla.

aim of Soylent: you make your meal in minutes, drink it, and then get back to work. No food wasted and no time wasted. On paper, Soylent appears to be the ideal solution for the world's food crisis. Whether you're tired of ramen or you're starving in a developing country, it could be a lifesaver.

But food is more than sustenance; eating is a social activity that binds us together. What sort of world would we live in if, instead of sitting with our friends and sharing a warm, hearty meal, we downed jugs of Soylent? It would likely be a boring time.

Rhinehart may have created something that is neat and functional, but for liquid food to stick around, it needs to find a way to become as socially binding as a solid meal and as rewarding as a sticky cinnamon bun. Until that happens, humanity will chew on.

“If a sizzling steak has sex appeal, Soylent looks more like the remnants of sex.”

\$1-million in support, which is allowing Soylent to go into mass production.

It may seem a bit ludicrous to drink all your meals, but Soylent has been Generally Recognized as Safe (GRAS) by the FDA, and the concept is not as crazy as it seems. Our bodies survive off of the nutrients in our

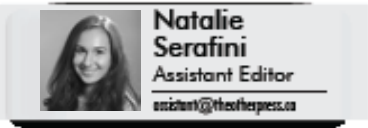
not to notice the wall of energy drinks. Modern society is hell-bent on finding weird solutions to existing problems: if you're tired, you need only drink a can of liquefied speed to feel recharged. Soylent is perhaps a pioneer then in a new market of individuals who cannot put technology on pause while they

Thankfully our eyes are only a small part of the eating process.

Another problem that Soylent tackles is the amount of waste associated with the eating process. The Institution of Mechanical Engineers reports that 30-50 per cent of the food that humans produce is wasted. Efficiency is perhaps the main

Don't it yourself

DIY projects are doomed for failure



I'm a bit of a DIY fiend. It's been a theme throughout my life: DIY haircuts, clothing, decorations, and accessories of every sort. Although I've ventured into each experiment with absolute confidence in my inevitable success, those projects have inevitably failed. Every time. All of my DIY projects have emerged into the world, doomed for the bottom of a garbage bin.

So basically, I've experimented with and uncovered some surefire ways to ruin my personal effects over the years. I've finally come to the conclusion, almost 20 years in, that unless you're genetically at least 1/4 Martha Stewart, most DIY projects are destined to disappoint.

I say you have to be genetically at least 1/4 Martha Stewart, because there are people who thrive on the sort of fiddly work that most DIYs

require—they do exist, I've seen them, but they're a minority.

Most people don't have the time or patience to ombré all their possessions. Balloons, when combined with modge podge and confetti, do not make for fetching bowls. Tie-dyeing your comforter would just produce a really ugly comforter. These are all projects that I've encountered in the DIY section of Pinterest, and damn if my attempts at recreating them wouldn't turn out horribly.

It probably sounds like I'm just bitter at my own inability to produce a cute crop top. Not so. I know I'm joined by sisters and brothers in modge podge-caked arms who have also failed in their endeavours. Those life hacks, meant to produce supposedly pricy items for little to no money ("Did you get that purse from Marc Jacobs?" "No. *I made it.*") end up costing more than they're worth—if we put a value on time, energy, wasted materials, and sanity.

When you try out a DIY and find that you are incapable of producing a simple bejeweled collar, a part of your self-esteem dies. The instructions looked so easy! They said the collar would be the crowning glory

of my wardrobe! It's never as easy as they say it will be, and never turns out as well as they say it will. You know why? In the instructions, they only show the pictures of the products that turned out perfectly. That, or my supposition is correct and the people peddling these projects are all at minimum 1/4 Martha Stewart.

This is why I've started leaving it to the professionals. Pants need to be hemmed? There's a seamstress down the street. Want a new bowl? Don't use a balloon when there's a fantastic selection of bowls to be found at a dollar store. Looking to add a cheap-but-chic shirt to your wardrobe? That's what second hand stores are for. Why take jobs away from people who actually know what they're doing? Or rather, why go to the effort of doing it yourself, only to admit defeat and slink to a professional?

If you possess the talent to go the homemade way, do it. You're an inspiration to the rest of us, and you keep the dream alive. Personally, I've given up on attacking my possessions, only to end up with a lot of shirts that look like they were lovingly adjusted by a kindergartener.



Photo courtesy of Bored Panda/20 Hilarious Pinterest Fails (Pinterest)

Lunch of the Week: Breakfast!

The building blocks for a busy day



Every night, millions of Canadians hit the sack for a good night's sleep. While asleep, our bodies recharge and rest, and we awake in the morning hungry and ready to take in our first nourishing meal of the day. Ironically, this is the meal where many of us reach for our most sugary food items of the day: specialty sweetened coffees, pastries, processed cereals, and more. In this instalment of Lunch of the Week, we are turning the spotlight on breakfast. How much added sugar is actually lurking in these popular, processed breakfast foods? How can we build a more substantial, nourishing breakfast each morning?

There is a lack of consensus for how much added sugar a person can have per day. "Added sugar" means

refined sugar, added to the product by the manufacturer. It does not include naturally occurring sugars in fruits, some vegetables, and milk. The American Heart Association (AHA) has suggested a maximum of six teaspoons a day (24g) for women and nine teaspoons a day (36g) for men. Keeping these amounts in mind, let's look at where the sugar is hiding in our favourite breakfast foods.

The refined white flour used to make baked pastry products and white bread—along with their added sugar—sends our blood sugar levels soaring. An apple fritter from Starbucks has 420 calories, with nearly seven teaspoons (27g) of sugar. Think a muffin is a better choice? The healthy-sounding "Zucchini Walnut Muffin" at Starbucks has a whopping 490 calories, with 28g of sugar.

Watch out for deceptively named "low-fat" pastry products. Oftentimes, manufacturers make up for flavour lost from removing fat by *adding extra sugar*.

For example, the Starbucks "Reduced-Fat Banana Chocolate Chip Coffee Cake" has 400 calories, with an incredible 12.5 teaspoons (50g) of sugar! Also, don't be fooled by a baked product that features fruit—this may make the food appear more healthful, but it's not necessarily a good choice. The healthier-looking "Reduced-Fat Very Berry Coffee Cake" still has 350 calories, with nearly eight teaspoons (31g) of added sugar.

How about our favourite specialty coffees? At Tim Hortons, a medium Chocolate Latte has nearly eight teaspoons (30g) of sugar. If we go by AHA standards, that one drink comprises our recommended sugar intake for the entire day. A small Iced Cappuccino may seem like a light and refreshing drink, but it packs more than eight teaspoons (33g) of sugar.

Not only do these processed breakfast foods load us up with unnecessary sugar, they are also nutritionally poor. The processing of foods typically robs them of nutrients and heart-healthy fibre. Modern

processed foods are designed to be cheap, convenient, and profitable for the companies which sell them—none of these aims has anything to do with naturally supporting a healthy body. When you build a better breakfast using whole foods, you nourish yourself with the macronutrients (carbohydrates, proteins, and fats) and essential micronutrients (think vitamins and minerals) needed for a healthy, strong body.

Here's a recipe for a quick, nutritious oatmeal to get you started. The next time you go to the grocery store, head to the bulk food section and load up on the yummy ingredients listed. Then you'll have all you need in your cupboard to put together a nutrient-packed breakfast in just a few short minutes!

Quick Fruit and Cinnamon Oatmeal

1/3 cup rolled oats

4 dried apricots, chopped (or 2 tbsp raisins, cranberries)
1/2 tsp ground cinnamon

2 tbsp chopped walnuts (or almonds, sunflower seeds)

1/3 crisp apple, cut in cubes
Optional: 1 tsp brown sugar

Bring a kettle of water to a boil. Combine the oats, cinnamon, nuts, apple, and apricots in a bowl. Pour on enough hot water to just cover the oats; don't add too much or it will be watery. Cover the bowl with a plate or pot lid, and let the oatmeal stand until the oats have absorbed the water. Stir, adding a splash of milk (dairy or alternative) if you like, and enjoy! Serves one, and packs easily in a mason jar for those early classes.

The new fashion idol

Religious imagery in fast fashion: from Gabbana to Gaga



Julia Siedlanowska
Staff Writer

Religious dress has traditionally been used to mask a person's sexuality. So why is it that today we are using religious symbols in fashion to unveil our bodies and enhance a certain image not characteristic of the principles these religions instill?

The crucifix as a fashion statement has made its way from the runway into the mainstream, and could even be considered yesterday's fashion news. These days, it is most commonly seen on leggings and tight black bodysuits found at cheap retail chains like Sirens or Ardene, and proliferated by pop culture stars like Lady Gaga and Miley Cyrus.

Is there a certain sense of

inspired by "Venetian and Byzantine mosaics of the twelfth-century cathedral in the city of Monreale," says Mark Holgate in *Vogue*.

As designers living in one of the most notoriously Catholic countries in the world, Domenico Dolce and Stefano Gabbana are obviously reflecting (quite patriotically) their Italian heritage. This is a collection that is deeply rooted in tradition, and has a powerful resonance with decadent prints and mosaics—something stunning to see.

I must admit that I am a child of both worlds. Coming from a Polish family, I was raised with a Catholic upbringing. I have a collection of icons in my room from around Europe because I think they're beautiful. However, as a young lass I was guilty of saving my pennies for a "Jesus Is My Homeboy" shirt. I've personally endorsed both sides of this spreading trend.

It's easy to dismiss ubiquitous biblical imagery by saying, "It's fashion! As long as it strikes a chord, who cares!"

Is there a certain sense of irony in our misappropriation of this symbol? Or is it simply yet another level of the naughty Catholic schoolgirl look?

irony in our misappropriation of this symbol? Or is it simply yet another level of the naughty Catholic schoolgirl look? Along with waves of stud jewelry, the cross has made it to the cheap shelves of crappy "bad girl" accessories. It's enough to have the bible thumpers crying, "Stop! Don't you know that's the symbol of our Lord Jesus Christ?"—especially when confronted with crucifix punching rings, the perfect example of this juxtaposition of concepts.

Although the religious origins of the cross are divorced from mainstream fashion, there are some haute couture designers who take this same inspiration to a level above cheap trend.

In 2007, Jean-Paul Gaultier released a collection inspired by the Virgin Mary. Beautiful flowing gowns and halo headpieces in all assortments were like living paintings. More recently, Dolce & Gabbana released their Winter 2014 collection to rave reviews. The collection features prints

It's also easy to be offended. However, fashion is a reflection of our time and our culture. It is an art form at its highest, but always a reflection of our values. If young girls and pop culture celebrities are wearing crucifixes and getting inverted cross tattoos, it can only be an illustration of the next phase in these symbols' lives.

I find myself straddling a gap—on one side, I am linked with the pleasant images of Byzantine, gold-inlaid chapels, romantic church rose gardens, and the grand, echoing silence of a cathedral. On the other side there is rebellion, tattoos, tongues, rap, and pink hair. The disparate concepts seem to coexist and fuse beautifully, with nothing of what the original messages bring to mind. Or maybe just as much. There is a certain confusion and power in the trend, and that is precisely what makes it attractive. The complexity that high fashion—versus mainstream fashion—brings in this particular case



Photo courtesy of www.leblow.co.uk

WAIIVED RELEASE, AND CONSENT FORM PIERCING

RUNNING WITH SAFETY PINS CELEBRATE YOUR BODY RESPONSIBLY

By Whitney Sharp
(Whitney Sharp, Contributor)

The search results are equal parts disturbing, alarming, and fucked up when you Google or YouTube, “How to pierce your ____.” Evidently, there’s no shortage of teenagers and young adults who are willing to detail their experiences poking safety pins through their own flesh. Some even go so far as to say, “Make sure to wash your hands and use clean towels,” or “Run the pin through a lighter to sanitize it.” Um, thanks for the advice?

This freaky notion of self-inflicted body modification doesn’t end with piercings, though. Tattoos done with sewing needles and Bic pens are trending around the Internet, too. I’m sorry, wasn’t this something people did in prison? When did the idea of “stick and poke” homemade tattoos become okay?

I have been told I overpaid for my body modification services—and I always disagree. I would rather overpay and be completely satisfied with the work, than cheap out and have splotchy tattoos or scars from rejected piercings. In spite of the fact that my frugal friends “know a guy” who could have done the tattoo or piercing for much less, I have always felt confident in my studio selections. After all, I always selected a piercer or tattoo artist with decades of experience. That was important, wasn’t it?

Travis LaCroix, a body piercer at NEXT! piercing and tattoo in Vancouver, enlightened me on the subject: clients frequently want to know how long their piercer has been piercing, but that’s surprisingly irrelevant.

“The main thing is that a piercing is not permanent—if a piercing is done wrong, it can always be redone,” LaCroix says, adding, “What does matter is if the employee is educated in matters regarding sterilization and cross contamination. A piercing can be fixed, contracting a disease like hepatitis cannot.”

What about going to stores like Claire’s and Ardene to get a piercing? It might be a step up from a sewing needle in the bathroom, but it’s still a bad idea.

“[Parents want] their child’s ears pierced and they’re shocked at the cost because they can go down the road to Claire’s and get them done for maybe \$20,” LaCroix says.

Your typical, run-of-the-mill earlobe piercing (one in each ear) can run about \$120 at NEXT! So why should you opt for a proper piercing studio, and not a store full of plastic bracelets and costume jewellery?

Generally speaking, those doing the piercing at such jewellery and accessory stores have experience in sales and inventory—not body piercings and sterility, like those working in a proper piercing studio do. For LaCroix, credentials include an apprenticeship under another piercer and training seminars in blood-borne pathogens, First Aid and CPR, and sterilization. In addition, he’s taken a course in central sterile processing—the same course that hospital technicians working in sterile processing take. (Note: NEXT! has a mandatory requirement that its employees pass this course with a minimum of 80 per cent.)

The actual jewellery used in each situation is wildly different. An accessory store offers stud earrings that are usually plastic, or occasionally low carat gold. A reputable piercing studio carries a wide selection of jewellery made from titanium or implant grade surgical steel.

Perhaps the biggest difference is the method of piercing itself. A formal piercing studio performs body piercings with a needle. LaCroix notes that needles are “single-use,” and “even if one client is getting two piercings, we use two needles.”

Stores like Claire’s and Ardene use a piercing gun. That’s exactly what it sounds like: it is a spring-loaded gun with a stud earring in it. Piercing guns contain plastic pieces that cannot be sanitized by the same means as their metal counterparts. As a result, Claire’s has faced legal action for ear-piercings that resulted in serious infections and/or disfigurement.

The body modification industry in North America has “literally no regulations,” as LaCroix puts it. Unlike chartered accountants or notary publics, a piercer or tattoo artist is not *required* to get any formal credentials, making it increasingly important for clients to know what they’re getting themselves into.

So what should you ask before signing a waiver? Make sure you know what the studio’s sterilization procedures are; ask to see their autoclave and accompanying tests proving its function; and ask if they use single-use needles.

“Any reputable studio,” LaCroix adds, “should be more than happy to go through these things with you.”

What about tattoos? They’re much the same as piercings—only far more permanent. A bad tattoo can’t simply be redone. It can be covered with more ink, or removed with lasers.

Monica Sanderson, Ladner tattoo artist and shop owner, specializes in cover-up work.

“A lot of factors go into a cover up,” she says. “How much black or dark ink was used in the old one? How big do we have to go to cover it?” If you have an old piece of work you’re not satisfied with, you need to be reasonable. She notes, “We can’t cover your tribal arm band with a small daisy.”

Bad tattoos stem from a few main issues: poor workmanship, poor placement, and poor judgment. A reputable, capable tattoo artist should have no problem showing you their portfolio of past work. If you can’t see what they’ve done prior, get out while you still can. Additionally, tattoo artists tend to specialize in a specific genre or style of art. If what you see isn’t lining up with what you want, then look for someone else—after all, you are the client.

And your brother’s girlfriend’s uncle’s roommate who tattoos out of his basement? Steer clear.

“A residential property is not equipped to be properly sterilized and cleaned and would have to go through rigorous and continuous health inspections in order to keep it going,” says Sanderson.

Another thing to remember is that tattoos age. What looks good when you’re 18-years-old might not look so hot at 32, 49, or 75. Certain spots on the body change more than others, especially when it comes to tattoos and pregnancy. A friend of mine had a rabbit tattooed on her hip as a teenager. After delivering her almost 10-lb son, that tattoo doesn’t look like any rabbit I’ve ever seen.

Tattoos are personal and permanent. Don’t rush the process. Based on what Sanderson has seen over the years, she believes age to be a big problem in tattoo remorse. “Many people want tattoos covered that they got when they were too young to make the proper decision. When you’re younger than 18, you haven’t lived long enough to embrace the meaning of your tattoo, or to even know who you are as a person,” she says.

So maybe I could have saved a few bucks here and there on my own metal and ink indulgences. But after all that, why would I want to?

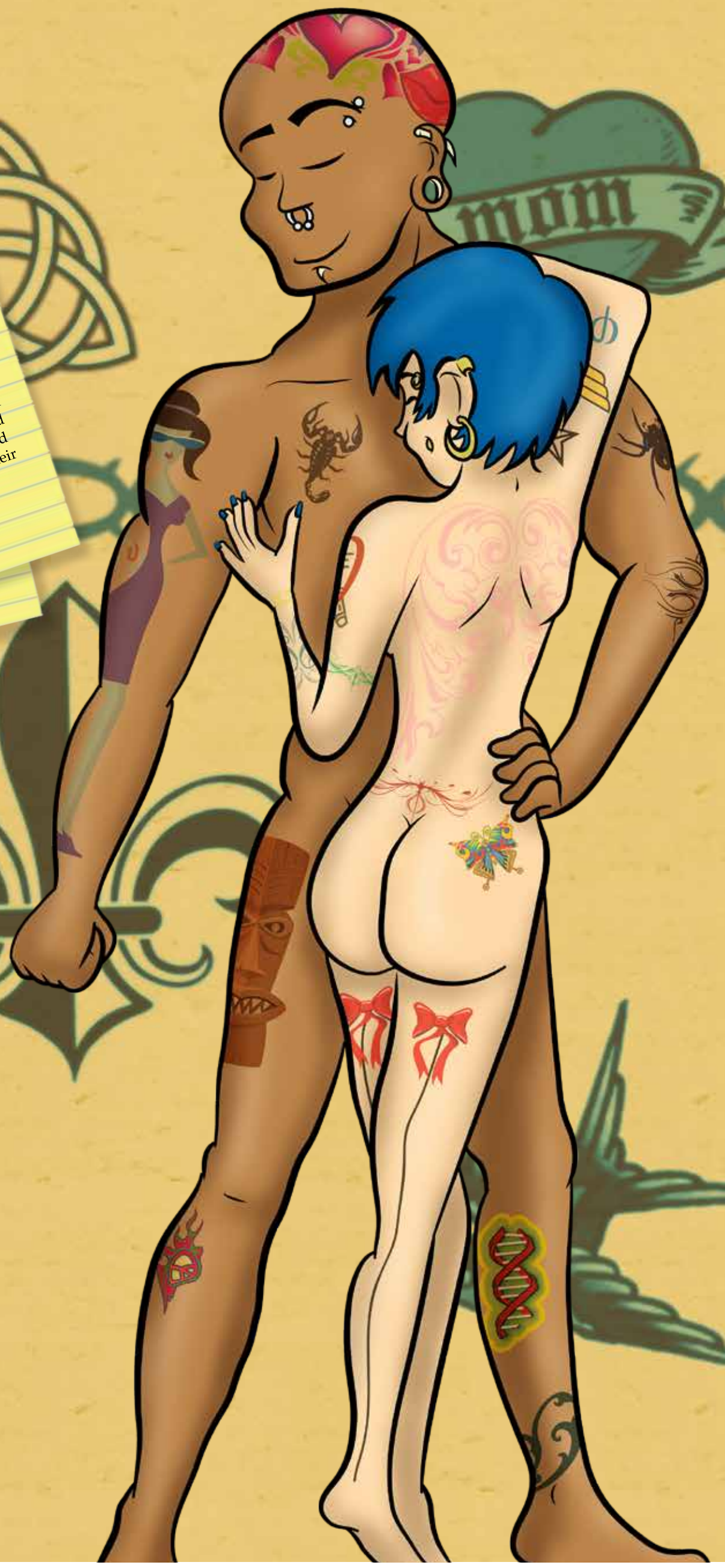
NOT SURE WHERE TO GO FOR YOUR INK
AND METAL NEEDS?

1) **NEXT! (www.nextbody.com)** Located on Granville Street, NEXT! does both tattoos and body piercings. If you're planning a piercing, just come on down: NEXT! does piercings exclusively by walk-in. Appointments and consultations are recommended for tattoos.

2) **West Coast Piercing and Ink (www.westcoastpiercing.com)** With the "Piercee's Bill of Rights," West Coast Piercing and Ink means business when it comes to client satisfaction. The piercing and ink den offers a full range of body mod services including tattoos, piercings, and branding. They are located on 108th Avenue in Surrey, but often make an appearance at local events (like the Taboo show) with their mobile piercing studio.

3) **Adrenaline (www.adrenalinevancouver.com)** Adrenaline has two Vancouver locations (one on Granville Street, and one on West 4th Avenue), and received a "Best of Vancouver" award in 2012 from the *Georgia Straight*. They do both piercings and tattoos, and even post results of their lab tests—proving their level of sanitation and sterilization—on the website.

FOR RELEASE, AND CONSENT FORM
FOR TATTOO/PIERCING



Hipsters: the undefined subculture

Mainstream opinion of an ironic definition



Cazy Lewchuk
Staff Writer

The definition of a hipster according to the Merriam-Webster dictionary is “a person who follows the latest styles, fashions, etc.” A typical person’s mental picture of a hipster will probably be something quite different, since hipster stereotypes suggest that they despise contemporary fashion and other mainstream things. Still, an exact definition is hard to come by. Everyone would probably say something different, so the question remains: what is a hipster?

The history of the word is just as different as its current meaning. It dates back to the 1940s and was used to describe white youths who wanted to

be like the black jazz musicians they were fans of. The slang “hip” meant “in the know,” and was later used for the hippies of the 1960s. Although hipsters may share some traits with the flower children, they’re clearly a different type of people. In the 1990s, the modern hipster as we know it today began to evolve. Elaine on *Seinfeld* called quirky yuppie Kramer a “hipster doofus” more than once. Finally, in the 2000s, popular media began to recognize a hipster in the sense most would think of it.

General hipster qualities agreed upon include a love for indie music, anything retro, irony, big glasses, fedoras, Apple products, and skinny jeans, as well as disdain for anything mainstream. However, one must be careful when labelling someone a hipster based solely on these traits. If wearing skinny jeans and carrying an iPhone alone make you a hipster, over half the students at any school would be considered hipsters

Another distinction comes

from the hipster community itself. A common stereotype is that hipsters resent being called hipsters—probably to preserve their belief that their interests aren’t influenced by a social image. Of course, those who aren’t hipsters would probably resent being called one too. Then there’s the question of whether self-identifying as a hipster would make one more or less of a hipster. Is it an always true fact that one would never admit to being a true hipster? Or have some chosen to embrace the identity?

The general textbook and ageless definition for a hipster is someone who embraces very new cultural fads, becoming a trendsetter. However, this is quite unsatisfactory for those who wish to know more about hipster culture. Would a true hipster never wear the same clothes people in mainstream culture wear, even if the hipsters wore it before they did? It seems the definition debate will rage on.



Hipster Dog was cute before it was cool | Photo courtesy of lovine (Flickr)

Parents know best

The ones who raised you are the cool ones



Aidan Mouellic
Staff Writer

Growing up, I shared a sentiment that a lot of people my age have held onto: that we in generation Y are way cooler than our baby boomer parents. Now that I’ve aged into an immature 23-year-old, I’ve realized that I was wrong. Our parents are actually way cooler than us.

I came to this dreary realization last week when my parents asked me if I wanted to watch a movie with them. Typically, the films my parents are into are lame: weird foreign films, depressing dramas, or unbelievably inspiring movies based on true stories. But this time was different. This time I watched the foreign film and loved it. Our parents aren’t supposed to introduce us to things we like—we’re supposed to introduce them to things that are cool, so my notion that I was the coolest in the household melted away that evening. I realized that my favourite films,

some of my favourite musicians, the foods I adore, and the values I hold dear were introduced to me by my parents, the iginators of cool.

I’m not sure if this sudden alization of my lack of olness is anything to be ncerned about, but realizing that your parents are cooler than you can be worrisome. For the longest time I thought my father was one of the least cool people out there, mainly because he doesn’t care much about how he dresses. But I recently realized that the coolest way to be is to not give a fuck about how you look or what people think of you. It also helps that he rides an Italian motorcycle, bought his childhood dream car, and retired.

It dawned on me that my father, who I had long considered incurably uncool, was actually one of the coolest people I know. My whole definition of cool has changed. I no longer think the moustachioed Main Streeters are the coolest cats on the block—it’s our old and perhaps retired parents who we should admire. Think about it for a moment: everything that we consider cutting edge right now originated in our parents’ era. Computers, cellphones, cars,

vinyl records, and hip hop—it was all born when our parents were our age.

The people we all think are the coolest are the hipsters, that breed of urbanite no one can really describe. But I can: a hipster is your mom and dad 30 or 40 years ago. That’s right, your parents were the original hipsters. They smoked weed while listening to vinyl records before you, and they wore the clothing from the thrift shop when it was available in the department store.

Earlier I mentioned how retirement added to my father’s coolness. This sounds odd since we usually think of retirees as weird old people who tell kids to get off their lawn, but there isn’t a cooler demographic. Retirees worked hard the majority of their lives, so it’s only fair that they get to relax and pretty much

do anything they want. My dad sleeps in, gets dressed, and rides his motorcycle or drives a classic car all day—much cooler than most of the stuff I do. If you stop and think about it, you too will realize that your folks don’t need to wear leather to be cooler than you.



Photo illustration by Joel McCarthy

Autosave

The memory on our hard drive versus the memory in our head



Elliot Chan
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About 200 years ago, the first photograph was taken and a new human obsession was born. The fascination with capturing “the moment” has travelled through time and led us here to a digital world where Facebook contains over 240-billion photographs. So what is it like living on a planet where 350-billion photos are taken annually worldwide in addition to the over 3.5-trillion already in existence? My guess is that those poses, those beautiful views, and those first steps by little baby Susan will inevitably be lost beneath all the other mundane images out there.

Remember Kodak moments, when every photo taken was an investment for the future and a memory worth sharing? I do. When I was young, my family only brought out the analogue camera for special occasions such as birthday parties, vacations, or school performances. I wasn’t allowed

to touch it until I was 10-years-old, because memories were precious and my mother would always fear overexposure. Film was pricey, developing it even more so—my parents knew certain things were worth the cost and others weren’t.

Hard drive spaces are cheap and getting cheaper. Soon we’ll be able to upload our lives onto a terabyte external hard drive, plug it into a projector, and have all our memories play out during our funeral. Our loved ones can gather around crying and laughing about our tomfoolery and our bits of achievements. But what substance do those images really have for us during the course of our lives?

Sometimes I look at pictures of myself; it might be me during a night out with friends, or maybe a group photo with my family. Oftentimes, I come away with a vague memory, like waking up in the morning and trying to recollect a dream. There are just so many—how can I be certain that I’m even remembering correctly?

We have all become photojournalists, reporting on and documenting our own lives. But can it be that the more we capture to showcase, the more we are losing for ourselves? The more we rely on the memories of

a machine, the more we inhibit the capacity of our own brains.

During a vacation to Kelowna this year, my mother insisted that I take as many pictures as possible—for the sake of my family. I was unenthused by the idea of being my mother’s personal cameraman. Instead of enjoying the scenery or the moment, she was too busy trying to capture “the moment.” There is still a slight social stigma for those who hurry about taking pictures in situations that don’t call for it, but the taboo is quickly fading. The moments are becoming less and less valued, because apparently they’re everywhere now. The food we eat, a ray of sun through the trees, and of course little Susan’s first steps are now all worth the same 8.4 megapixels, but how do they really measure in our memories?

All the photography apps on our smartphones are making it harder and harder to keep track of which images we want to frame and which are disposable. Find time, sit down, go through all the pictures in your life, and ask yourself, “Do I remember this?” Then separate the images into two piles: the yes and the no. See which one you have more of, because certain things shouldn’t be automatic.



Jacey's all about the probiotics | Photo courtesy of Joel McCarthy

Millennials, schmillennials

We aren't all that bad (or at least not that much worse than our parents)

Sharon Miki, Contributor

Were you born sometime around the 1980s or '90s? Well, then you must be an entitled, lazy asshole who pouts around your parents’ basement in a murky pool of your own consumer debt and underemployment because you didn’t get your fantasy job—as an astronaut, or whatever—immediately after high school. And you’re probably really whiny about it, too.

No? Is that a harsh and pointless overgeneralization of millions of people? Not according to mounting public opinion in recent years, which is epitomized in the recent viral-ite essay “Why Generation

Y Yuppies Are Unhappy,” published in the *Huffington Post*.

The essay offers waves of condescending faux-concern for the socioeconomic plight of today’s youth, positing that so-called “yuppie” members of “Generation Y” (i.e. born between the mid-1970s to the mid-1990s) are unhappy and floundering because they have set too-high expectations for an easy, special-rainbow-unicorn life—and when reality doesn’t live up to these expectations, they pout and retreat to their glitter-infused self-indulgent corner to rot. This highly unflattering description of gen-Y isn’t new: an article published in *Time* earlier this year, “Millennials: The Me Me Me Generation,” classified Millennials (born between 1980–2000) as “lazy, entitled, selfish, and shallow.”

Am I angry that I’ve been automatically lumped into a group that is viewed by its elders with such disdain? Not

really. The reason these anti-Millennial arguments gain traction is that there is some truth to certain characteristics of the generation: many Millennials were raised to believe that they could achieve whatever they wanted if they tried hard enough; we are, in fact, the shoot-for-the-stars generation. Indeed, I have personally received several participation medals, and my parents did encourage me to find a career that was not only financially fulfilling, but that I enjoyed doing. Sue me.

I find this generational bullying to be narrow-minded, short-sighted, and largely counterproductive if our goal as a society is to encourage members to be productive contributors to our culture and economy.

Millennials and gen-Yers are still quite young, so it’s pointless to freak out about us being a lost generation at this point in time. Our grandparents tsk-tsked our

baby boomer parents for their perceived sloth when they were young (hello, hippies?), but eventually the boomers grew up and cut their hair so they could start shaking their fists at us. All generations have some growing pains, but history has shown that they will inevitably grow up to take on a mature perspective. Millennials just need more time to adjust to the very different economic climate than that of their parents’; as we move into our working lives, we’ll most likely adjust our expectations to our realities.

Granted, it’s unlikely that our careers will mimic the 9-to-5 model set by the boomers. Is it because—as the *Huffington Post* suggests—we think we’re too good for our parents’ jobs? Maybe, but I’d suggest that a lot of this job diversification stems from a combination of factors: for one, it takes more and more education to compete for prestigious jobs nowadays, which means more time spent

in school and accumulating debt before entering the workforce. Also, there are more diverse, special-unicorn-style jobs that young, tech-savvy people may strive for (for example, “social media strategist” wasn’t an option when my dad graduated in the 1970s, but it is a job that employs a number of my peers today).

I know that I’m not a special snowflake, but I also know that I’m starting my career in a dramatically different social and economic climate than my parents did 30 years ago. Without the aid of a DeLorean time machine, all I can do is work as hard as I can within the framework I live in. Besides, if I want to be a lazy, entitled asshole, I don’t want to be lumped together with all of you. I want to be my own unique rainbow-unicorn kind of lazy, entitled asshole—after all, I’m a ‘90s bitch.



Photos courtesy of eschipul (Flickr)

The sky is fall-ing

Braving the end of another year



Elliot Chan
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Long days, bikini-clad girls, and patio chairs—it's going to be a while before we see any of those things again. As the change in season becomes more apparent, people are becoming more irritable. The constant rain, the midday darkness, and the approaching end of another year bring a melancholy feeling that is usually accompanied by an unexpected head cold. Summer is gone, but the transition to winter isn't all mournful and gloomy. Autumn has charming qualities that are worth falling for.

The smell of autumn air, when it's not yet too cold and still reminiscent of a bygone summer, can refresh the body. Staring off into the distance and seeing the city dappled with red, orange, and yellow,

including scarves, toques, and sweaters might not be the same as showing off my beach body, but hey, argyle looks good on me too.

Sure, I wish the freedom of summer would last forever, but

out of nowhere and rewards you. Well, lies, it doesn't come out of nowhere, you'll have been preparing for it a month beforehand, but your PG-13 costume will be so worth it.

Whether I'm slipping into

The finest entertainment comes during this time of year, too. No, I'm not just talking about Thanksgiving, family dinners, or other cheesy stuff like that. I'm saying that autumn means movie theatres are removing the disappointing blockbuster flicks and introducing quality ones which will vie for a spotlight during award season. It's also the best time of year for sport fanatics: hockey, American football, and basketball seasons return, while baseball, Canadian football, and soccer head into playoffs.

Sure, I miss the carefree sunny days of summer, but who has time to mope over our fading tans when we have so much autumn to look forward to?

Delightful combinations including scarves, toques, and sweaters might not be the same as showing off my beach body, but hey, argyle looks good on me too.

I can't help but breathe in the sweetness—even though for a moment I want to complain about the chill and the rain. And it's my right as a Vancouverite to complain, but I won't, because that won't change the weather. What I can do instead is dress for the occasion, and autumn happens to be a very fashionable season. Delightful combinations

deep down inside I know I need the sophistication of autumn to teach me how to grow and become a responsible human being. Classroom lectures and day jobs begin to fill up the time spent basking in the sun, and it's okay because it's progress. And then just when you think you're on a roll and you're working too hard—Halloween comes

my Ugg slippers and making some hot chocolate for a long night indoors, or I'm putting on my cardigan to hunt for the perfect pumpkin at the store, autumn fills me with whimsy. As mature as I am, the season still causes me to conjure up some childlike imagination—the kind that says make-believe isn't completely absurd.

Yin and yang's last hurrah

Captains Ali and Phelan demonstrate great mentorship to young team



It's not often that you hear about two people so unanimously well-thought-of, but the 2013-14 men's soccer captains are just that. Fifth-year centre-back Mohammed "Mo" Ali describes his fellow captain and centre-back, third-year Devin Phelan as, "quiet, hard-working, a leader by example, and the team's best defender."

If you ask Phelan his thoughts on Ali, he simply describes him as, "the inspiration to the team."

Two men with one common goal: a national title.

"I think Mo and I are complete opposites; that's why we work so damn good



Captains Devin Phelan and Mohammed Ali | Photos courtesy of Courtnie Martin

together. I sit back and work my butt off and he motivates me to do it," says Phelan.

The team describes the two in exactly the same way: "Devin leads by example and works really hard. He doesn't say much—just shows it. Mo, he pumps us up. He does all the talking," comments rookie

midfielder, Illias (Louie) Bocolas.

Fullback Estefan Corra and centre-mid Dorian Colopisis jokingly describe Phelan as "Captain Canada" and Ali as the "passive-aggressive asshole" they love so much.

With the team carrying 16 rookies and nearly half of them starting, Ali and Phelan

are thought to be the perfect yin and yang to the equation. While Phelan demonstrates with sweat and passion what the rookies should be doing on the field, Ali imparts his knowledge and wisdom of the game to the players. Where one may be lacking, the other isn't. "Devin and I are very close; we don't just hang out on the field. I can call him for anything," says Ali.

Of course, all the kudos doesn't go to just Ali and Phelan. They describe their team as, "young but well prepared." The coaches prepared the squad for the season by putting them through gruelling workouts. As a result, the players all agreed they had never come into a season as conditioned and mentally tough as they did this year. Although their record was 3-1-2 heading into last weekend (September 28 and 29), the team still has high hopes for a very successful year.

Their most recent game against Vancouver Island University (VIU) was by far the

sweetest victory. After losing to VIU at Nationals in the semi-finals last year, it was only fitting that the Royals come back and set a different tone for this year, beating them 3-0 last weekend. Mo smiles broadly, saying, "It was a great feeling. I left the game last year looking at my teammates' pain. I was determined to get payback for the fifth-year players... and we did it!"

With great captains, the skepticism of a thick rookie line-up gone, very experienced coaching staff, and a team ready and willing to leave their guts out on the field, the Royals have a fighting chance at winning the league and moving up the chain to Provincials and hopefully Nationals. "I stole this from the rookie, Haden, but every athlete is created equal. Some just work harder in preseason," comments Ali. "And please, take each year one step at a time; you only have five years to compete at this level. Don't waste them."

[Insert cliché the Clash song title]

A look at the NFL's ambitions in England



London is a football city. It literally lives and breathes the sport. Unfortunately for the NFL though, London's football is of a rather different variety. That, among other reasons, is

0-6 record), it's a bit of a mystery why anyone shows up.

The game's success is based purely upon the fact that it's a once-a-year event. Contrary to the NFL's hope, the British aren't mad about American football; there will never be enough sustained support. The game is a spectacle. Yes, there are real fans in the crowd, but there are probably just as many watchers there just out of curiosity to see a rare event. Case in point: should the Globetrotters ever

Monarchs and the Scottish Claymores. However, when the league folded in 2007, neither team existed anymore. The British didn't want it then and they don't want it now. One can attempt to blame the lower level of play for the teams', and ultimately the league's, failing, but the fact of the matter is, if people like something enough, it really doesn't matter. Example: Canadians took to junior and European hockey during the last NHL lockout—the quality

to and from the airport. On top of this, players would need to pick up house and move to a foreign country—leaving behind a lifetime of family and friends. Players have been fairly vocal in their complete opposition to the notion, including the Steelers' safety Ryan Clark saying, "I'd retire before going to London."

While the league could likely force the team through initially, it would be doomed for failure. As soon as players' contracts were up, they'd jump ship. Free agents? Good luck. Even draftees might pull an Eli Manning and refuse to play. The only way to attract any kind of talent would be to overpay... a lot. Panthers defensive end Charles Johnson has commented on the issue with, "I'd be up for the challenge... if they paid me. More than I get paid here. You know what I'm saying?"

NFL in London? No go. Time for an audible.



Photo illustration by Joel McCarthy

One can attempt to blame the lower level of play for the teams', and ultimately the league's, failing, but the fact of the matter is, if people like something enough, it really doesn't matter.

why the league will never secure a team in the hub of the UK

Since 2007, the NFL has hosted an annual game in London. While attendance for these games has been good, the games themselves have seen some variation in quality. From the inaugural game (a 13-10 shootout between the Giants and Dolphins), to last year's 45-7 thrashing of the hapless Rams by the Patriots, to this year's tantalizing matchup of the Vikings and Steelers (combined

come through town I'd probably buy a ticket. Do I follow them at all? No. Do I even care about basketball that much? No. But how many times will I get to see that again?

Any doubts about the British lack of actual enthusiasm can be laid to rest simply by flipping through the history books. When the NFL attempted to establish a European presence, NFL Europe, there were initially two teams based in the UK: the London/England

certainly didn't matter.

The NFL's money bag owners have failed to take another minor detail into consideration: the players. Who's going to want to play on a London-based team? The travel times alone would be a strong deterrent for most. Assuming a 10-hour flight, players would spend 160 hours a season on a plane. That's the equivalent of almost seven days of flying, and it doesn't take into account the transportation



Photo courtesy of Julia Haveling

Tough loss to bear

Women lose to the Quest Kermodes



The women’s soccer team fell 1-0 against Quest on September 28 at Cunnings Field in Coquitlam. The rainy affair left the Royals with a 0-1-10 record heading into Sunday. “We came out ready to roll today but it just didn’t work for us,” remarked Ashley Dunn. Decked out in their white kits, the Royals started with the ball and didn’t waste any time going on the attack, with Nicolle Fraser letting a free

kick fly at the goal, only to see it nabbed by the Quest keeper a few minutes in. After this, it was Quest’s turn, with a free kick sailing wide just before the 10-minute mark. The 19th minute saw Quest’s Maren Tarleton break through the right side of the Royals’ defence, but Dunn proved equal to the task. Marni McMillan sent a dangerous free kick into the box just past the 20-minute mark for Douglas, but the finish was missing as the effort was headed just over the bar by a Royals’ head. Quest had an opportunity in the 26th minute, but Paige Ayers fired wide after the initial effort was saved by Dunn. Douglas’ relief was short-lived though, as Becky Schile slotted it home on a corner kick a minute later. The next 10

minutes were tightly contested with neither team finding much room until McMillan unleashed a shot from 25 yards out that the Quest keeper just managed to push past the post. The Kermodes finished the half with two attempts on goal, but Dunn came up with saves on both—including the slightest of touches forcing one off the post. The second half started slow when a loose ball in the Royals box resulted in Tiffany O’Krane having to take a few minutes before limping off the pitch; she later returned to the game. The teams then traded chances as Douglas saw its first effort of the half saved, before Quest watched a searching through-ball easily handled by a charging Dunn. Lindsay Munroe almost got onto the end

of a good ball through a minute later for the Royals, but the Kermodes’ keeper beat her by a step. The next 15 minutes saw Quest with a flurry of chances, including a breakaway by Tarleton, but Dunn again stood her ground. The remainder of the half saw Miyoko McKeown, Mia Rushton, McMillan, and Munroe all have opportunities to put the Royals on the board, but none could find the back of the net. “Our problem’s in the final third, but we all need to push as a team and be behind each other,” commented McKeown. “We put a solid effort in. We wanted it. We could definitely feel it getting there, but we just couldn’t get it in today,” said Munroe. Echoing his comments

from last week, assistant coach Ivan Estrada noted the team’s recurring troubles: “Today we did everything right, we just didn’t score. We just need to work on our finishing. Defensively we’re winning it, in the midfield we’re collecting ourselves and winning the ball every single time, we’re getting it up front, but at the last second we just don’t bury it.”

Player of the Game:
Miyoko McKeown
(#10)

Pro wrestling's taboo: the jump from backyard to the squared-circle

Part two of an interview with
Randy 'The Rage' Berry



In last week's edition of the *Other Press*, Randy Berry discussed his personal experiences, from wrestling fandom to his rise as one of Canada's top pro wrestlers. His path to professional wrestling followed a trajectory all too familiar to aspiring wrestlers of his era: backyard wrestling.

What may not be evident to most wrestling fans is how the backyard variety has become the problem child of professional wrestling—especially within the industry's independent circuit. While it's fair to say that World Wrestling Entertainment (WWE) has reached out to a fan base that wasn't traditionally theirs—using engaging plots and the strategic use of divas, both in the ring and out—there's also no denying that the rise in organized backyard wrestling leagues occurred on their watch. The relative prominence of backyard wrestling today, and in the last 20 years, is evident when one conducts a simple Google search.

The backyard is not typically a place where someone can pick up wrestling's fundamentals; that's what wrestling schools are there for.

Many, like Berry, lament that this has had a negative ripple effect on the entire professional wrestling industry since backyarders lack the formal training to perform safely.

"Most people saw the high-risk aerials that were happening on television and thought, 'I could do that,'" says Berry. "The backyard is not typically a place where someone can pick up wrestling's fundamentals; that's what wrestling schools are there for."

The fundamentals—including the safe and proper ways to execute a move and, more importantly, ways to protect oneself when taking a bump—are necessities that backyard wrestlers can remain ignorant of without proper instruction.

There are a number of unfortunate examples where even the pros have made mistakes, causing serious injury to themselves or others. For example, Canadian-born Bret Hart suffered a severe concussion after taking a kick to the head in a 1999 World Championship Wrestling (WCW) match. The injury would ultimately end his legendary career. His opponent, Bill Goldberg, was a former NFL player with no formal wrestling training.

Berry says that training from a reputable school is essential to ensure that athletes remain as safe as possible in the

ring.

"Wrestling is a tough business, and it's really important to be able to trust the abilities of the guy you're working with," says Berry. "You're putting your neck out there and it's good to know that whoever you're [matched up] with, that they (sic) know what they're doing."

At one time, professional wrestlers were an exclusive group since the business was difficult to break into. However, once backyard wrestling became organized and general knowledge of the business—particularly of wrestling's independent circuit—came to the fore, organized backyard promotions began evolving into full-fledged pro wrestling bouts.

"Too many of these [backyard wrestlers] are just skipping the training part," says Berry. "Some people think that wrestling's easy, and so they go out and buy a ring, rent a hall, get a video camera and voila! A pro wrestler. Too many of them are going from the backyard to the fucking ring, and well-trained, established guys are getting hurt by thinking that these wannabes are legitimate pro wrestling promoters."

Berry, who trained with the great Jacques Rougeau out of his facility in Montreal, says that the backyard piece of one's development as a wrestler is now being denied by most due to the bad rap it has received in recent years.

"It's just got a nasty reputation nowadays. I don't think I can blame the guys for distancing themselves from their backyard stuff," says Berry, who acknowledges that he is one of the few to publicly recognize that he performed and promoted a backyard wrestling organization.

The Cornwall Outdoors Wrestling Alliance (COWA), the backyard promotion Berry co-founded and ran until its end in 2000, has propelled six of its alumni to the professional wrestling ranks. In addition to this, some of COWA's previous support personnel are now referees and valets in independent pro promotions in Ontario and Quebec.

"A lot of backyard wrestling promotions produce garbage wrestling," he says in reference to some of the footage he's seen from other backyard wrestlers looking for their break into the pro ranks. "The COWA wasn't that. I separate our guys from other backyard promotions, and I can do that because the COWA has the track record of producing quality professional wrestlers."

The third and final instalment of our interview with Randy (The Rage) Berry will appear in an upcoming October issue of the *Other Press*, with a focus on running a solid independent wrestling promotion.



Randy Berry | Photo courtesy of Randy Berry Facebook

RYERSON STUDENT TO COMPETE IN TORONTO'S

Triwizard Tournament



So when the Triwizard Tournament was announced earlier this month, signing up for it was an obvious choice for the second-year civil engineering student and co-captain of the Ryerson University quidditch team. "Seeing that part of the book come to life would be awesome and I'd love to represent Ryerson and compete against other schools," said Radia.

The Triwizard Tournament is a fictional sporting event from J.K. Rowling's Harry Potter series brought to life by students at York University's Harry Potter club, aptly named the Ministry of Magic.

"[The challenges] will be physical in a sense and mental like puzzle solving," said Alessandra Di Simone, president of the Ministry of Magic.

One representative from each of the three Toronto universities, Ryerson, York and the University of Toronto, will be chosen by York's Harry Potter club on Oct. 4 during the club's opening feast.

The first task, which will happen on the evening of Oct. 18, will also be revealed on Oct. 4. The following two tasks will take place in February and March of next year.

"If competitors reach a [task] that they find incredibly hard, it's easy to just give up," said Di Simone. "But we want to see who is able to push themselves and see what they can accomplish." In Harry

Potter and The Goblet of Fire, a fourth book of the series, a chosen representative from three wizarding schools compete in various tasks that test their physical, mental and magical strength.

In the book, the first task forces wizards to steal an egg from a firebreathing dragon, the second task has them saving loved ones from a haunted lake and the third requires them to navigate their way through a giant maze full of mythical creatures.

Prizes are still being determined, but a trophy is guaranteed.

"It's going to be similar to the book's tasks. We've tailored them to make it so that it's still enjoyable but doable and realistic," said Adam Palmer, head of the ministry's games and sports.

Radia has been going to the gym to keep in shape for quidditch season, and says that if he gets chosen to represent Ryerson he'll increase his regimen.

He's read all seven Harry Potter books four times.

However, playing on the quidditch team is not mandatory to apply as anyone can fill out the online application, Harry Potter buff or not.

The application has three parts to it – the first asks for your personal information, the second part asks you to rate your physical abilities, such as speed and flying skills, and the third part tests your Harry Potter knowledge.

However, Palmer won't

give away the way they choose each school's representative.

"There's a method to the way we choose the representative. There's a way that we do it that will make it fair for everyone but it's also a bit random," said Palmer.

To date, 17 students have applied from the three Toronto universities.

The phenomenon gained popularity in 2011, first by the University of Western Sydney and has since been done by Indiana University, Penn State and York University earlier this year.

This is the first time the three Toronto universities will collaborate in a Triwizard Tournament, but Palmer says its creation was only natural given the success of quidditch.

"If they could do it with something as unrealistic as quidditch, which is flying around on brooms and making it doable, why can't we do that with the Triwizard Tournament?" Palmer said.

Di Simone sees the event as a chance to bring Toronto universities together.

"I think a big element of our Triwizard Tournament is to bring the different schools together in a common task," she said.

The tasks may be veiled in secrecy, but Radia is a seasoned quidditch player who understands the qualities needed to compete in the Triwizard Tournament.

"You'll need the same things as in the books: intelligence, courage and determination," said Radia.



Photo courtesy of Natalia Balcerzak/The Eyeopener



Photo courtesy of Jerald Walliser

It's rainin' Royals

Men's soccer team wins third consecutive game



Courtnie Martin
Sports Reporter

To say it was merely raining during the men's soccer game at Cunnings Field on September 28 would be an understatement. They were easily the worst playing conditions the team has faced all season.

The Royals started off very slowly. Their opponent, the Quest Kermodes, whom the Royals beat 3-1 in the season opener, took an early lead and finished the half ahead 1-0. Despite the downpour, captain Shammed Ali hyped the team up for the second half to play through the adversity. Twenty-five minutes into the second half, the Royals found their equalizer to knot things up at 1-1; this was a momentum changer. From that point on, the Royals wouldn't even allow their opponent an

opportunity on goal. Shortly after, the Royals had several attempts but couldn't finish. Some of the rookies were having difficulty executing the plays Coach Paul Bahia had implemented. Bahia told the Royals that before a score he wanted three players to assist in the play: two passes and a goal. With 15 minutes left in the game, the Royals put all their hard work at practice into action. Quest was getting rattled; they were called for numerous fouls back-to-back and the Royals were getting

into their heads. Rookie Dorian Colopisis broke the deadlock with nine minutes left to put the Royals up 2-1 when he found a gap between two defenders. Seemingly immediately after, the Royals scored again, only to see it be called by the referee. With only a few minutes remaining, it was obvious the team was starting to click. Fifth-year Javid Khan made a glorious between-the-legs, no-look pass to his rookie teammate Illias (Louie) Bocolas to score the final goal of the

game. When the final whistle blew, the scoreline was once again 3-1 for the Royals—good enough for their third consecutive victory. The win pushed the team's record to 4-1-2. Coach Bahia briefly discussed the game: "I think the guys showed a lot of heart. We haven't played in weather like this at all this year. You have to be mentally tough, and they demonstrated that. We were off to a very slow start being down at the end of half but we fought back and won."

Faux

rosscopes



Capricorn (12/22-1/19)
A black cat will follow you around all day before eventually crossing your path. Chasing it away, you'll walk under a ladder then step on a crack and trip, breaking your pocket mirror. But then your palm will itch and you'll notice a fiver on the ground. When you pick it up, you'll trip again. Dang, bad luck.

Aquarius (1/20-2/18)
A comet is scheduled to pass through your star chart and the Earth's atmosphere. You will witness it with wonder, feeling a strange connection. Later, the

same comet will hover above your house and beam you up in a tractor beam to take you to the homeland.

Pisces (2/19-3/20)
You must give all of your money to any Libras you know, or you will end up with a lifetime of misery. However, if you do give generously, your luck will change and you will find untold riches. Which you must then give away to continue the cycle, or else even more bad luck, bub!

Aries (3/21-4/19)
Today is a very good day to drop out of school, record a demo, find an agent, and become the next Ke\$ha. Tomorrow, however, you'll be regarded as a has-been with no more job prospects... also like Ke\$ha.

Taurus (4/20-5/20)

You will receive a cursed letter in the mail, but you will also receive a coupon for a free frozen yogurt. The frozen yogurt is also cursed. But it'll include your choice of topping! But the toppings contain potassium benzoate.

Gemini (5/21-6/21)
It's time for you to stop fantasizing about hot cheerleaders/football players and go out and get one of your very own! If all else fails, settle for that cute person in your 1102 class who sometimes says "Hi," with a bit of a smile. Hint hint.

Cancer (6/22-7/22)
The orbital alignment suggests it is an excellent day to get your teeth cleaned. However, the orbit also shows that all dentists are cursed. To get around this, you

must eat a whole clove of garlic. This will ensure a speedy and safe dental procedure.

Leo (7/23-8/22)
Today is a good day to do what you want to. Don't let anybody slow you down or try to stop you, no matter what. Your friends, family members, the security guards, law enforcement officials, correctional institute guards—today, you are unstoppable. It says so in the stars. Probably.

Virgo (8/23-9/22)
Star charts show that all Virgos will vanish into the horizon at 7:13 p.m.

Libra (9/23-10/22)
Accepting gifts from anyone today—especially an Aries—is a bad idea. In fact, just to be on the safe side, you should stay away

from everybody. Turn off the lights. Crawl under the covers. Scream at the top of your lungs. Cry.

Scorpio (10/23-11/21)
You have the all-clear to spend money today, whether it be \$10 or \$10-million. In fact, signs show that spending \$10-million is all you should do today. Get creative in how you acquire and spend this money. Maybe ask an Aries for it.

Sagittarius (11/22-12/21)
You will find a horseshoe and a lucky rabbit's foot at the end of a rainbow. Then you'll find a penny facing heads up, and a four-leaf clover. But then a black cat will cross your path after being chased by a Capricorn. Dang, bad luck.

You Tube Comedy Classics

Cop Story -- Short Film

By Joel McCarthy, Graphics Manager

<http://www.youtube.com/watch?v=LJVds2BgICI>

Cop Story is a hilarious short film created by a group of filmmakers from Bellingham known as Electric Shadow Films. The story follows a veteran cop telling a rookie cop about the time he shot a mime and somehow that becomes a recipe for hilarity. If you have 10 minutes to spare, make sure you check out this film.

Anthropology

Comic by Anthony Goertz/The Gateway

T-skort

Preggings

Balla'clava

Rejected fashions of 2013



Trans-species individuals face discrimination over 'human only' washrooms

Lobbyists complain about having to be human for the sake of comfort



Livia Turnbull
Hedgehog Trapped
in a Human's Body

A small but vocal crowd is howling—or making any noise they can—for change. The Trans-species Raging Against Discrimination Group (TRADG) is protesting against “human only” washrooms.

“We want to have washrooms too. We’re really animals trapped inside human bodies. Doesn’t the Canadian government see how inhumane this is for making us be what we

despise?” says TRADG leader David Wallens, who identifies as a porpoise. Wallens also made it clear that if the Canadian government doesn’t make washrooms for all species, he will pollute the lakes with his own waste.

and sleep.”

When the *Other Press* remarked that humans built the very iPhone he was tweeting on, Bishadan made a comment unsuitable for print.

Other members of TRADG are using more provocative

“We can’t help it,” says McJordian. “We were born to be animals. I mean, I know that humans are animals too, but they’ve lost their primate-like nature. We haven’t lost our animalistic nature. That’s why I like sitting on tree branches

running this sinking ship of debauchery don’t recognize my true name,” Wallens replied after making a series of noises assumed to be porpoise sounds. “Besides, giving animals names is just another way for humans to control the so-called ‘inferior species.’ They might make some of us extinct. They might make us have human names, but they should have washrooms for every single being on this Earth. Besides, I *really* do not want to have another obscenity charge on my criminal record.”

The *Other Press* tried to leave the group shortly after that, but our reporter was mauled by a member of TRADG wearing a cheap lion costume. The person in the lion costume is currently being charged with assault.

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“We’re suffering. We’re really, really suffering,” says John Bishadan, who identifies as an Arctic hare. “We animals just want to go back to a time when there was no war, no hatred, and no sorrow, and we could just eat

ways to get their message across. Ami McJordian, who identifies as a cardinal, sits in a tree wearing nothing but red feathers and holding a sign that says “Don’t make me shit on you.”

more than anything else in the world.”

The *Other Press* also asked why many who identify as trans-species keep their human names.

“Because the damn fascists

‘Golden Skies’ sure to be a hit this autumn

Series premiere will make you laugh, cry, and applaud



Cazzi Lewchuk
Staff Writer

I wasn’t sure what to make of *Golden Skies* before tuning into the pilot. Sci-fi and crime shows are everywhere on the networks, but every combining the two really be entertaining? I was pleasantly surprised by this new Canadian show that, while exploring themes commonly found on TV today, portrays them in a slightly different way. It’s a cross between *NCIS* and *Sanctuary*, with some *Homeland* thrown in for good measure.

Starring Joshua Jackson and Gilbert Gottfried, *Golden Skies* takes place in the year 2020. After Earth is suddenly shut

down into shadows—literally and figuratively—strange creatures begin to terrorize the population in the permanent ght. Two government agents ve set up office in New York combat the issues: Jackson ays Bill Rigby, your average A investigator who has been given more than he can handle and Gottfried plays Lance Hughes, a former marine turned private investigator who takes a more vigilante approach to the evil creatures. It’s a barrel full of laughs as the two struggle to work together in the office and on the streets while shooting at demonic shark-things!

It’s sort of like an American *Torchwood*, except with a lot less sex (although the tension between Agents Rigby and Hughes is certainly not subtle!). The scene where Bill walks in on Lance taking a shower may prove uncomfortable for the

viewer—Gottfried’s nipples had a close-up—but underneath is a remarkable emotional bond between the two leads. It’s only been one episode, but *Golden Skies* clearly shows we can look forward to a season of crime, aliens, nudity, politics, and drama, all in one show.

Golden Skies could very well take over for #1 sci-fi show by the end of the year. *Agents of SHIELD* had better watch its back, as Agent Hughes is a much more entertaining character than Agent Coulson.

Fans of science fiction, crime, drama, and male eye candy should definitely give *Golden Skies* a watch. It’s sure to spawn at least six seasons and a movie, and probably a spin-off. *Golden Skies* will likely become my new favourite show now that *Breaking Bad* and *Dexter* have ended.



Sisters in Spirit Vigil 2013



NWC - October 1, Concourse
DLC - October 3, A/B Atrium

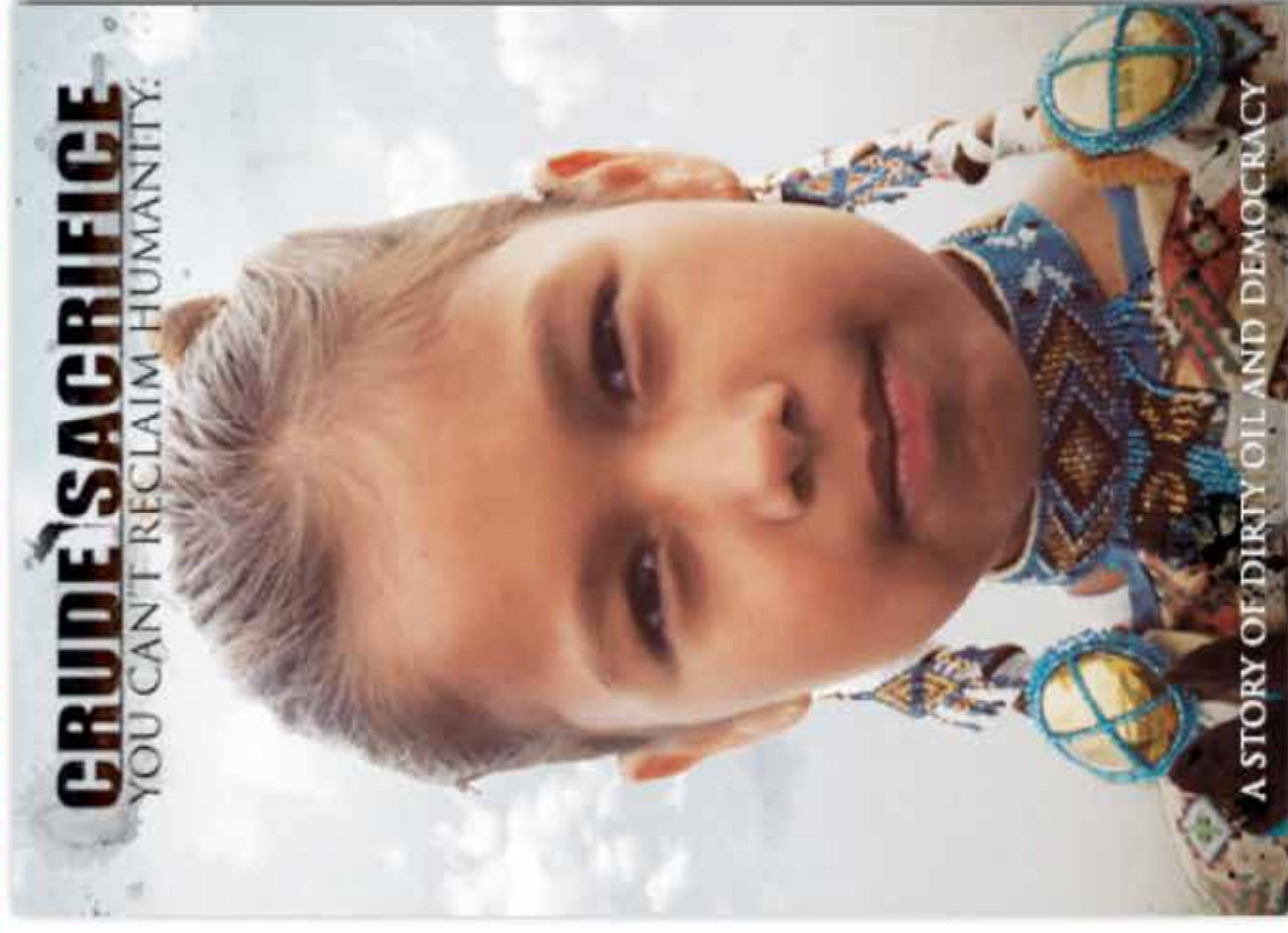
12:00pm – Speakers

1:00pm- Movie “Finding Dawn”
Refreshments

Visit our table to find out more
about and participate in

The Faceless Dolls Project

ON OCT 8, JOIN US FOR A SCREENING OF



2013-10-08

NEW WEST
CAMPUS

3:30PM - MEET & GREET NO HOST BAR - AMELIA GALLERY
4:30PM - SCREENING OF CRUDE SACRIFICE - DSU LOUNGE
DISCUSSION AFTER SCREENING WITH KENNEDY STEWART -
MP FOR BURNABY-DOUGLAS & OTHER GUESTS

LIGHT REFRESHMENTS WILL BE SERVED

DSU
DOUGLAS STUDENTS' UNION
Local 18 – Canadian Federation of Students



CINEMA POLITICA
SCREENING TRUTH TO POWER

DCFA
DOUGLAS COLLEGE
FACULTY ASSOCIATION